

Middle School Initiative

**PART I
COVER SHEET**

CAP 1 SEMESTER 2 WEEK 1

COURSE: Arnold Leadership Laboratory, Achievement 2

LESSON TITLE: Duties, Responsibilities, and Followership

LENGTH OF LESSON: 50 Minutes

METHOD: Informal Lecture

REFERENCE(S): *Leadership: 2000 And Beyond*, Volume 1, Chapter 2

AUDIO/VISUAL AIDS/HANDOUTS: None

COGNITIVE OBJECTIVE: The objective of this lesson is for each cadet to:

1. Understand his or her duties as a Cadet Airman.
2. Master the principles of followership.

COGNITIVE SAMPLES OF BEHAVIOR: Each cadet shall:

1. Become thoroughly aware of his or her duties and apply them as required.
2. Apply all the principles of followership to be a better person.

AFFECTIVE OBJECTIVE: N/A

AFFECTIVE SAMPLES OF BEHAVIOR: N/A

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**PART II
TEACHING PLAN**

Introduction

ATTENTION: When a team takes to the field, individual specialists come together to achieve a team win. All players try to do their very best because every other player, the team, and the hometown are counting on them to win. So it is when the Armed Forces of the United States goes to war. We must win every time.

"Every soldier must take to the battle field believing his or her unit is the best in the world.

Every pilot must take off believing there is no one better in the sky.

Every sailor standing watch must believe there is no better ship at sea.

Every Marine must hit the beach believing that there are no better infantrymen in the world.

But they all must also believe that they are part of a team, a joint team, that fights together to win.

This is our history, this is our tradition, this is our future."

General Colin L Powell, US Army
Chairman, Joint Chiefs of Staff
1995

MOTIVATION: I really believe that this quotation is inspiring, it brings us all together and gives us a shot in the arm - we are a team!

OVERVIEW: In today's class on leadership, we will continue with the principles of followership and your duties and responsibilities within and to your flight.

TRANSITION: Let us now move on to that inevitable process of learning more about how we fit together as a unit; self supporting.

Body

MP 1 As a Cadet Airman, you are expected to fulfill tasks that are requested of you by your element leader. While in this course of instruction, many of you will fill or have filled the position of element leader and assistant element leader. Some of you will be serving in other

flight duties as we progress through the semester. Whatever duties are required of you, perform them with enthusiasm, and be correct in carrying them out at the same time.

MP 2 You should remember, from previous classes, that in order to be an effective leader you must first be a good follower. Most of you will continue to be followers for some time to come, whereas some of you will become follower-leaders. Either way, all of you must develop your personal integrity and attitude.

MP 3 Integrity is "the quality or state of being of sound moral principle; uprightness, honesty, and sincerity." Based on that definition, do you have integrity? Are you ethical? Ethics prescribes a personal, individual standard or moral philosophy.

Integrity is a learned value. Over your formative years as an infant and toddler, your parents were guiding you in the direction, which they believed would establish your set of values. This teaching has continued to this date with the aid of your teachers over the years. This learning process will continue for many years to come. Everybody learns something new everyday.

Integrity is important in every part of your life. Other people depend on you to do your part. In most cases, others can only know that you did what you said you were going to do by your word. Your developed integrity and ethics makes your word solid. If you do not live up to your word, others will eventually find out and you will lose their trust.

MP 4 Along with your learning of integrity you have developed certain attitudes that may or may not be beneficial to you in school and here in Civil Air Patrol. An attitude is "the posture or position of a person showing or meant to show a mental state, emotion, or mood."

Your attitude affects all around you, whether it is good or bad. Success in life depends on your attitude towards school, family, friends, Civil Air Patrol, and eventually, your job. Developing a positive attitude towards all things that you must accomplish will help you ease through the tasks set before you. Understanding the reasoning behind those things that need to be accomplished can help you develop a better attitude towards your tasks.

MP 5 In a previous class, we touched very lightly on self-discipline. Discipline is one of the backbone requirements of the military environment. Civil Air Patrol fits into that environment as the official auxiliary of the Air Force. Self-discipline dictates how you will act, carry out your tasks, etc. Self-discipline is the building block for unit discipline. Since this flight is part of that big picture, it must act as if it was the whole unit. Discipline at all levels of the organization must be the same.

Military drill, customs and courtesies are a few of the tools that teach discipline. You have practiced these over the past many months, developing yourselves into a manageable and viable unit. The leadership laboratory manuals are part of the building blocks of self and unit discipline.

We should all expect our leaders to set high standards of conduct, but the standards should not be so high that they cannot be attainable. We must compromise and adjust these standards so that all can meet and maintain them. As a young adult, you will be coming up against some already established standards that dictate how you should act towards one another. Whether you meet these standards or not is based on your own self-discipline, ethics, integrity and attitudes.

MP 6 Being loyal to yourself and the members of your unit, both above and below you will gain their respect. Respect for the rights of others is an act of self-discipline and that in its self shows a sign of loyalty to those around you.

MP 7 As I said before, "Courtesy is contagious, let's make it a disease." Being courteous does not show a sign of servility, but of respect to those that are senior to you and are in a position of authority. Those in authority, generally, are those that lead your organization and are responsible for its discipline. Courtesies are not rendered to just people, but also to the national colors as part of our respect and loyalty to the United States of America.

If mistakes are made in the rendering of courtesies, the observer of the violation should, if possible, correct the violator as soon as possible. While accomplishing this correction, do it in a private way. Many military courtesy violations are unintentional and generally result from the lack of proper instruction. It is our intent to assure that members of this flight do not fall into this category of personnel – the untaught.

MP 8 In the area of duties and responsibilities, each of you should be able to assist the element leaders in various tasks assigned to them, or assume those responsibilities in the absence of an element leader. In any case, do not be afraid to ask questions if you do not understand what you are supposed to accomplish.

Conclusion

SUMMARY: What we have discussed today is more information on the principles of being a good follower and essentially what your duties may be in the immediate future.

REMOTIVATION: The learning of good traits is a never-ending task. Each of you has the capability of becoming a leader, but being a good follower comes first.

CLOSURE: Be sure to read all of Chapter 2 of your leadership text to gain maximum insight into today's class and to prepare for next week, when we finish this portion of the program.

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**PART III
LESSON REVIEW**

LESSON OBJECTIVE(S): The objective of this class is for each cadet to comprehend the additional principles of followership and understand his/her responsibilities within the unit.

LESSON QUESTIONS:

1. What is integrity?

Answer: Integrity is the quality or state of being of sound moral principle; uprightness, honesty, and sincerity.

2. What is attitude?

Answer: Attitude is the posture or position of a person showing or meant to show a mental state, emotion, or mood.